



Wexford Harbour Boat and Tennis Club

WINTER/SPRING SUNDAY SERIES 2016-2017

13th Nov 2016 – 26th Mar 2017**

SAILING INSTRUCTIONS

1. Rules

- 1.1 Racing shall be governed by the rules as defined in the Racing Rules of Sailing 2013 – 2016 and the RRS 2017- 2020 from January 1st 2017, if appropriate.
- 1.2 The prescriptions of the Irish Sailing Association the rules of the relevant classes, except as amended by these Sailing Instructions (SI's) and the rules of Wexford Harbour Boat and Tennis Club (WHBTC) shall apply
- 1.3 Advertising in compliance with ISAF Regulation 20 is permitted.

2. Notices to Competitors

- 2.1 Notices to competitors will be posted on the official notice board located in the window of the Race Office and/or the WHBTC website.

3. Changes to Sailing Instructions

- 3.1 Any changes to these SI's will be issued by the Race Committee and posted on the Official Notice Board and/or website before 0900 Hrs on the day of racing, except that any change to the scheduled Start Time will be posted by 18.00 Hrs on the day before it will take effect.

4. Signals Made Ashore

- 4.1 Signals made ashore will be displayed on the WHBTC Flag Pole.

5. Schedule of Races

- 5.1 Races are scheduled every Sunday from Sun 13th Nov 2016 to Sun 26th March 2017** inclusive, excluding Sun 25th Dec 2016 and Sun 1st Jan 2017.
- 5.2 It is intended to sail two races (back to back) on each race day for all classes
- 5.3 The scheduled time of the warning signal each day is 1100hrs.
- 5.4 Subsequent races will follow as soon as is practicable however no race will start after 1330 Hrs.

6. Class Flags

- 6.1 The Class flags will be as follows:-

Laser Standard and Laser Radial fleet;	Code Flag 'R'
Topper	Code Flag 'T'
Combined PY fleet;	Code Flag 'G'

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The Race Committee may extend the series of races but not beyond April 30th 2017

7. Racing Areas

7.1 The racing area will be the Slaney Estuary and/or Wexford Harbour

8. The Courses

8.1 The course to be sailed will be indicated by the Race Committee before each race as per the diagram in **Appendix 'A'** .

8.2 The Race Officer may reposition a mark/s during a race to keep the course true to the wind. This will not be signalled. This changes Rule 33.

8.3 The course may be shortened by requiring boats to sail directly from a mark to the Finish Line. As boats round the mark Code Flag '**S**' may be displayed from a nearby Rib accompanied by repeated short sound signals. Boats shall then sail directly to the Finish Line and finish from the direction of the last mark. This changes Rule 32.2

9. Marks

9.1 The course marks will be large Spherical buoys.

9.2 The Start and Finish mark will be a Danbuoy with a flag or Spherical Buoy

10. Areas that are Obstructions

10.1 The following areas are designated as obstructions:- Black Rocks, Harbour Board Channel Buoys.

11. The Start

11.1 Races will be started as per **Appendix 'B'** of RRS 2013-2016. This changes Rule 26.

11.2 The start line will be between the mainmast on the committee boat or the flagpole on the club balcony, depending on the start location, and the start mark.

11.3 A boat starting later than 4 minutes after the starting signal will be scored Did Not Start. This changes rule A4

11.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12. The Finish

12.1 The finishing line will be between the mainmast of the committee boat or the flagpole on the balcony and the finishing mark.

12.2 A race may be shortened at any time provided that not less than two legs of the course have been sailed.

12.3 Boats that have finished their race shall keep clear of the finish line.

13. Time Limits

13.1 The time limit for the leading boat in each race shall be 60 minutes.

13.2 Any boat failing to finish within 10 minutes of the leading boat in its class shall be deemed to have retired and shall be scored DNF. This changes rules 35, A4 and A5.

13.3 After the first boat has finished the Race Officer may, at his discretion, offer a finishing place to boat/s still racing. The place offered to a boat shall be the number of boats ahead of it (both finished and still racing) plus 1. A boat is not obliged to accept such an offer unless it is the last boat still racing, nor is the Race Officer obliged to make such an offer. If the offer is accepted the boat will cease racing immediately and the Race Officer may repeat the process with further boats. The offer will be conveyed through a rescue/support boat. This changes RRS 35 and A4.

15. Protests and Requests for Redress

15.1 Protest forms are available at the Race Office. Protests shall be delivered there within the protest time. Protests, requests for redress and reopening shall be delivered there within the appropriate time limit.

15.2 Protesting boats shall, immediately after finishing, inform the Race Committee on the Committee Boat of the sail number(s) of any boat(s) against which she intends to protest.

15.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and also to requests for redress. This changes Rules 61.3 and 62.2

- 15.4** Notices shall be posted within 5 minutes of the protest time limit to inform competitors of hearings in which they are parties or named witnesses.
- 15.5** Notices of protests by the race committee or protest committee will be posted within the protest time limit and this shall be deemed to discharge the obligations of rule 61.1(b)

16. Scoring

- 16.1** The Low Point scoring system of Appendix A will apply.
- 16.2** There will be one discard for every complete multiple of 4 races completed.
- 16.3** Points are accumulated by the helmsman not the boat.
- 16.4** Only properly entered boats and helm/crew shall be allowed participate in the series
- 16.5** Competitors who assist with race management or rescue duties on the water will be awarded their average points from the series for each race that they volunteer to assist with the race management.

17. Safety Regulations

- 17.1** A boat that retires from a race shall notify the race committee as soon as possible.
- 17.2** Personal Floatation Devices shall be worn at all times whilst afloat. This changes RRS 40 and Part 4 preamble
- 17.3** A member of the Race Committee, or a designated official, may stop a boat launching or require it to return ashore if they consider that the boat or its equipment are not adequate, or that the Helm or Crew is not competent enough, for the likely conditions or for any other valid reasons. The decision will be final and will not be grounds for redress.
- 17.5** Junior sailors shall wear, in addition to PFD, a full wetsuit or drysuit at all times whilst afloat. Failing to do so will render them liable to be sent ashore immediately and any results for that days racing will be classified as **DNC**.
- 17.6** All competing boats shall carry a painter at least 3 metre long and of adequate strength secured to the bow before launching.
- 17.7** Helms of ISA Level 2 standard may be allowed enter, at the sole discretion of the Race Committee, however they must display at the masthead an identifying pennant.

18. Replacement of Crew or Equipment

- 18.1** Substitution of damaged or lost equipment will not be allowed without prior approval of the Race Committee. Requests for substitution shall be made at the first reasonable opportunity.
- 18.2** Boats may only change sail numbers with the prior approval of the Race Committee.
- 18.3** Any change of rig during the series will only be allowed in extenuating circumstances with the prior written permission of the Race Committee. This shall apply to all classes

18. Equipment and Measurement Checks

- 18.1** A boat or equipment may be inspected at any time by a member of the Race Committee, or a designated official for compliance with the Class rules and Sailing Instructions.

19. Support Boats

- 19.1** Support power boats must register with the Race Office and remain outside the race area.

20. Prizes

- 20.1** The prize-giving will be held at a date and time to be advised.
- 20.2** Prizes will be awarded for 1st place in each class of 3 or more entrants.
- 20.3** Additional prizes may be awarded at the discretion of the Race Committee.

21. Disclaimer of Liability

- 21.1** Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

22 Insurance

- 22.1** Each participating boat shall be insured with valid third party liability insurance with a minimum cover of €3,000,000 for any one incident.

APPENDIX A

COURSE DETAILS

Course 1; Triangular course, signalled by Code Flag Numeral 1.

Course 2; Windward Leeward Course, signalled by Code Flag Numeral 2

WIND



• *Mark 1*

Mark 2 •



•
Mark 3

COURSE 1

Start; 1 – 2 – 3 – 1 – 2 – 3 – 1 – 2 – 3 - Finish

COURSE 2

Start; 1 – 3 – 1 – 3 – 1 – 3 - Finish

All marks are to be rounded to **port**

The Laser Standard and Radial fleet will sail three laps. Topper and PY fleets will sail two laps

Appendix B

START SEQUENCE, for all classes will be 3 minutes as follows;

3 minutes before the start the Class Flag will be raised (Warning Signal)

2 minutes before the start Code Flag 'P' will be raised (Preparatory Signal)

1 minute before the start Code Flag 'P' will be lowered

At the start the Class Flag is lowered.

The start for one class will be the Warning Signal (3 minute) for the next class and so on.

Should there be a general recall the class recalled will start after the last class, continuing the 3 minute sequence

Safety Recommendations

Competitors are reminded that RRS Fundamental Rule 4 makes them **solely responsible** for deciding whether or not to start or to continue racing. In this regard the competitor should bear in mind that this is a winter event where wind chill, water temperature and general weather conditions can quickly induce fatigue with hypothermia always a threat.

The Race Committee recommends for all competitors a minimum level of clothing of; 3.5mm long john wet suit, long sleeve jumper, wind proof suit, wet suit boots, hat/balaclava and gloves. Alternatively a dry suit, thermal tee shirt, long sleeve jumper, warm trousers, hat/balaclava and gloves.

It is internationally recognised that a number of layers of clothing – thermal or otherwise – create better insulation, and therefore heat retention, than one heavy layer.

Competitors should regularly check their equipment for any possible defects eg; loose rivets, frayed ropes, loose bungs, tiller extension universal joint, to name a few.

Rescue boat crews are there for everybody's safety and cannot therefore give all their attention to one boat. Competitors should cooperate with them and accept their decisions which are given with everybody's safety in mind.

If a rescue boat's crew consider that a competitor is suffering fatigue or cold they may instruct the competitor to cease racing and proceed ashore immediately.

In the event of adverse weather after launching sailors are reminded of possibility of beaching their boat in any location and remaining there until a rescue boat reaches them.