

2019
 Junior
 Tennis
 Coaching
 with
 Luca

New junior group coaching with Luca (Level 3 Coach) will be available for ALL levels of player. →

Starting 9th September

U-8 RED ball (born since January 1st 2011)

U-9 ORANGE ball (born since January 2010)

U-10 GREEN ball (born since January 1st 2009)

GREEN Ball – novice (new to tennis)

YELLOW ball – Beginners/ Improvers, Competition players in their own level groups

Lessons will be available on a daily basis depending on the numbers signing up.

Red/Orange groups on Tuesday & Thursday
 Saturday

@ 3:30 - 4:30pm
 @ 10 – 11:30 am

Green U-10 groups on Monday, Wednesday & Friday
 Saturday

@ 3:30 – 5:00pm
 @ 11:30 – 1 pm

Green (novice) groups on Tuesday & Thursday

@ 4:30 – 6:00 pm

Yellow ball groups on Monday, Wednesday & Friday

@ 5 – 7 pm

Tuesday & Thursday
 Saturday

@ 6 – 8 pm
 @ 1:30 – 3:30 pm

Groups will consist of 4 – 6 players. Costs are per player. Payment is per **TERM**.

with 4 in a group i.e. €15 / hr
 with 6 in a group i.e. €10 / hr



Dates for your Diary

Group coaching terms

Term 1 runs: 9th September – 18th October

Term 2 runs: 4th November – 13th December

Assessments

Thursday 22 nd August: 10 am – 12 pm	Contact Luca on 089-9512147 using WhatsApp or eMail him on gblando8@gmail.com
Saturday 24 th August: 10 am – 12 pm	
Saturday 31 st August: 10 am – 12 pm	

Presentation

Luca will run an explanatory presentation on “What to Expect” in the group coaching programme on Tuesday 20th August @ 7pm and also on Tuesday 27th August @ 7pm in the club.

